**CATHOLIC UNIVERSITY IN ZIMBABWE**

**HOLY TRINITY COLLEGE**

**FACULTY OF THEOLOGY**

**BACHELOR OF THEOLOGY HONOURS DEGREE**

**YEAR 3: SECOND SEMESTER EXAMINATION**

**BTh 704: PASTORAL COUNSELING**

**DATE: 20 MAY, 2019 TIME: 2 HOURS**

**INSTRUCTIONS**

1. Answer question **One** in Section One and choose any **Two** Questions from Section Two

3. Start each question on a fresh page

4. Write on both sides of the **answer** paper

**SECTION ONE (Compulsory)**

**This question carries 40 marks**

1. Read John 4:4-42: Describe and explain how Jesus goes through the **FOUR** phases of counselling paying special attention to the goals and skills of each phase.

**SECTION TWO**

**Choose Two Questions. Each question carries 30 marks.**

1. Explain the dynamics of transference and counter-transference supporting your explanation using concrete examples from your case study.
2. Explain **FIVE** ways you would employ to promote the emotional literacy of a client.
3. Choose any **THREE** cases that were presented in class and briefly describe their dynamics and the interventions employed.
4. Elaborate the **FIVE** ways of assessing the spiritual/pastoral needs of a client.
5. Discuss the ethical issues involved in pastoral counselling?

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2. All questions carry **equal** marks

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SUPPLEMENTARY

1. What does a pastoral counselor bring to the counselling session? Name and elaborate on 5 attributes.
2. “Helping clients to think about how they thing is central to counselling” (Richard Nelson-Jones). Do you agree?
3. Outline the four phases of counselling, including the goals and skills of each phase.
4. When and how would you terminate counselling?
5. Explain how you would arrive at the diagnosis of the real problem apart from the problem presented by the client at the beginning of counselling.
6. Basing on the case study you have handled, explain the connection between emotions, thoughts and actions.